

INFORMATION FOR PARENTS

We would like to ensure you are fully prepared for your upcoming event so we've put together a few handy hints for parents when organising a day of paintball adventure at any national Delta Force paintball centre.

Please forward these details on to any other parents before the event, along with the map to the centre. If you have any questions about the event, our facilities or any of the handy hints below, please feel free to call us on 1-800-568-8909 – our friendly operators are there to help.

- 1) **Consent forms:** All players are required to complete a registration form prior to participating. These forms can be completed in advance (or on arrival on the day) and must be submitted during registration on the day of your event. All players younger than 18 years old also require a waiver to be completed by a parent/guardian – it's best if these forms are filled in prior to arrival to speed up the registration process and they can either be requested through the booking office or downloaded from <http://www.canadapaintballing.ca/downloads>
- 2) **Minimum age:** Paintball is suitable for most children from 10 years of age. We have over 20 years experience in the provision of paintball games throughout the world, during which time more than 4,000,000 players have trusted Delta Force.
- 3) **Itinerary:** Arrival time is 9:00am. Once all players are registered and kitted out in only the best in paintball equipment, the safety brief will commence at 9:45am. The first games generally commence at 10:00am. There are a number of "maps" to play throughout the day, with the players returning after every scenario. The lunch break is generally at 1:00pm.
- 4) **Supervision:** Children will receive full instruction and supervision during the paintball games from trained and uniformed marshals. Where the party comprises children under 14 years of age we strongly recommend that a responsible adult remain at the centre throughout the event. Their role is to ensure shoelaces are tied, goggles are cleaned and safely adjusted, and that the children in their charge behave sensibly and safely.
- 5) **Goggles:** Every player will be issued with a full head helmet that employs the latest in goggle technology. These goggles are unique to Delta Force and provide full protection of the face and head.
- 6) **Rules:** The most important safety rule is that players must keep their goggles on and tightly adjusted at all times when in the game zones. If anyone breaches this rule, for any reason whatsoever, they will be excluded from participating in the event – this rule is strictly enforced and exists to protect children from a potentially serious injury.
- 7) **Safety:** Paintballs can sometimes bruise the skin. Your child may come home with harmless bruises; however the introduction of body armour for all players now allows you to play paintball in comfort and with full protection. The activity is far safer than football and rugby, for example. We have never had any child suffer a broken bone – an occurrence that is sadly all too common in mainstream sports. Paintballs are gelatine skinned and designed to burst harmlessly on impact. They contain a vegetable based "food colourant" which is water soluble and will readily wash out of clothing.
- 8) **Clothing:** Children should wear old comfortable clothes. Most players wear boots with ankle support and deep tread/rubber soles – it can be muddy, wet and slippery in the woodlands.
- 9) **Teams:** When playing paintball games all people are equal; the game does not depend on physical prowess, strength or stature. However, it is our practice to separate children and adult groups. Nevertheless, the administration of events remains in the discretion of the Centre Manager and they may for example, permit one or two parents or a number of family members to participate in a children's game, or indeed allow children to participate in an adult game.
- 10) **Children:** Timid children may not enjoy the activity as much as sporty, tree climbing kids. Please use your discretion in deciding whether or not it would appeal to a particular individual.